

HOG LOG

Harley Owners Group of El Cajon, California



JUNE 2004 - Chapter #0211

WE RIDE!

Volume 1 No. 6

2004 Officers

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Director's Corner

It seems the weather can't make up its mind whether to be cold or hot. Typical of San Diego this time of year. However, after talking to some of our brothers and sisters from the North Country at P.O.T., we have it pretty good. They are just getting their bikes out of storage and waiting for a chance to ride.

What's P.O.T. you ask? It's Primary Officer Training and attending one of the sessions is part of the commitment made when someone elects to hold one of the primary officer positions. It consists of two full days of training seminars put on by National HOG and Harley-Davidson. While the session itself is free, each officer must pay their own expenses to attend. So it's no small commitment in that regard. The west coast session was held again in Las Vegas and was attended by all of your current primary officers. Stan was kind enough to give up the dealership position which allowed two of the secondary officers to attend this year. I should note that nearly all of our total officer group have attended a POT session at some point in the past and I believe it is because of this that we are blessed with the strong leadership we enjoy at this time.

The seminars are tailored to each position with some overlap and are generally in-

tended to put everyone on the same page with HOG and what they expect. They provide us with plenty of tools to help make the job easier and prevent mistakes. They teach us how to avoid taking on unneeded liability and to focus on what it is all about, which is to Ride and Have Fun. Several of the factory VP's are there to answer questions about such things as quality and assurance, as well as upcoming events and programs. All of the National HOG leadership is there and they run the seminars on everything from Dealer Relations, Group Riding Safety and Chapter Finances to Risk Management and Valuing Volunteers.

The leadership and energy put into these sessions by the motor company is awe inspiring and very motivating. However, one of the best things about attending POT is meeting other officers from hundreds of chapters across the country. There were 554 officers attending this session who shared ideas and experiences with each other in an effort to improve the fun factor for all the chapters. We look forward to sharing the ideas picked up during our training and improving your fun factor in the process. Our mission is simple, Ride and Have Fun.

Speaking of riding, we had a Scavenger Hunt that kicked off May. While it was not

(Continued on page 2)

Next Meeting: June 4th at 7 PM

An after meeting dinner has been set up at the VFW in Lakeside.
12650 Lindo Lane (Next to Lindo Lake Entrance)
This is a "Burn Your Own Steak" dinner with fixings - cost \$10 each

(Continued from page 1)

as popular as we had hoped, the volunteer's efforts, as well as our LOH effort, did not go unnoticed and we appreciate their enthusiasm. Thank you to all who helped with that ride. We also had one of the best attended Rider Zone meetings ever. Thanks to all who attended for making an effort to ensure our rides are safer. I hope you pass on what a good time you had participating. Keep it up and you'll earn one of the new "Rider Zone" patches from the Road Captains.

May ends with the Big Bear Overnighter. Based on hotel bookings and responses it looks to be very well received. I'm sure we'll have a great time even though it looks like Mother Nature wants us to take our leathers with us.

June starts off with the Full Moon Poker Run on the 5th. This is a closed event (members and one guest) and should be very interesting for those who aren't afraid of the boogeyman. On June 12th we have another Rider Zone planned. I'll say it again, if you haven't made one of these events, you're missing out and you probably don't know everything you should for our group rides. The Road Captains put a lot of effort into making these events fun and interesting, so come out and see what they are all about.

June 27th we have our biggest event of the year, the Leather and Lace Poker Run. I hope you have picked out your outfits already! If you haven't then it's time to start putting together your best leather and lace combinations. This has traditionally been one of our chapter favorites and is open to all riders and clubs. So let's not be outdone by a visiting group. Look for more details in this newsletter and the website.


Well, I've probably used as much print area as the Editor will give me, so that's a wrap for this month. I hope you all enjoy the events we have planned. So ride safe and I'll see you on the road.

Spider

New members introduced at the May 7th meeting were:

- | | |
|-----------------|----------------|
| Judi Poler | Chuck Poler |
| Roy Bucher | Lisa Bucher |
| Don Lewis | Mathew Krowley |
| Cal Handley | Will Browning |
| Tammy Armstrong | |



 **Calendar Look Ahead**

- June 4 El Cajon H.O.G. Meeting 7:00 PM
- June 5 Full Moon Poker Run Sign-up 4:30-5:30 at ECHD
- June 8 Road Captain Meeting at Clubhouse 6:30 PM
- June 12 Rider Zone - Group Riding Techniques 9:00 AM
- June 13 Rips BAD Ride - Meet at the strip mall on north side of Via De La Valle off ramp on 5 north. Leaving from there at 10 AM sharp
- June 15 LOH Meeting at Clubhouse 7:00 PM
- June 19 LOH Dinner Ride Leaves ECHD 4:00 PM
- June 20 Newsletter Deadline
- June 24 Officers Meeting 6:30 PM at Clubhouse
- June 27 Leather & Lace Poker Run by LOH Sign-up 9-10:30 AM at ECHD

- July 2 El Cajon H.O.G. Meeting 7:00 PM
- July 3 2nd Annual "Commotion by the Ocean" San Diego Fair Ride by Biggs H-D Group Leaves ECHD at 7:30 AM
- July 2-4 Hollister Rally
- July 10 Rider Zone - Group Riding Techniques 9:00 AM
- July 13 Road Captain Meeting at Clubhouse 6:30 PM
- July 17 LOH Lunch Ride leaves ECHD 9:00 AM
- July 20 LOH Meeting TBA
- July 20 Newsletter Deadline
- July 22 Officers Meeting 6:30 PM at Clubhouse
- July 25 Annual EC HOG Picnic 11-4 PM

- Aug 6 El Cajon H.O.G. Meeting 7:00 PM
- Aug 9-15 Sturgis
- Aug 10 Road Captain Meeting at Clubhouse 6:30 PM
- Aug 14 Rider Zone - Group Riding Techniques 9:00 AM
- Aug 17 LOH Meeting at Clubhouse 7:00 PM
- Aug 20 Newsletter Deadline
- Aug 22 Queens 'R' Wild Poker Run sign up 9-10:30 AM
- Aug 26 Officers Meeting 6:30 PM at Clubhouse

- Sept 3 El Cajon H.O.G. Meeting 7:00 PM
- Sept 4 Rider Zone - Group Riding Techniques 9:00 AM
- Sept 7 Road Captain Meeting at Clubhouse 6:30 PM
- Sept 11 Remember September WTC Memorial Dinner Ride Leaves ECHD 4:00 PM
- Sept 14 LOH Meeting at Clubhouse 7:00 PM
- Sept 18 Progressive Dinner Ride (details to come)
- Sept 19 LOH "Sleep Inn" Ride Leaves ECHD 11:00 AM
- Sept 30-Oct 3 Calif. State HOG Rally at Pala

Dates subject to change
Always check the ride line, or ask one of the officers

Ride Line



619-464-6758



Monthly Minutes by Karyl Kading

Minutes from HOG Meeting 5/7/04

Dave Barnes (Director) called the meeting to order @ 7:00pm. This is the first meeting of the year when it is still light out so let's get business taken care of so there is time to ride.

Dave announced that dinner will be at the VFW in Lakeside. This is a "Burn Your Own Steak" dinner with fixing, cost is just \$10.00.

Dave thanked everyone that helped with the Dealers Open House; it was a huge success with a special thanks to Vicki for coordinating and directing all of the volunteers.

We just finished another ECETS ride; what a great turnout and a fun ride. Thank you to Kim and Joanie Wallace for planning this event. Mike Scott handed out the ECETS patches to the first time participants. Mongo received the 1st patch. If you didn't make it this time, this is a ride that you will want to book in the Fall. The next one is scheduled for Oct.

The Cinco de Mayo Ride was a small turn out, but those of us that attended had a beautiful warm day for the ride. The restaurant did a great job for us. Dave thanked Vicki and LOH members for their efforts in planning the ride. A special thanks to Mike & Susie Scott as well as Carol Burns and John Dunican for all that they did to assist Vicki with the planning of this event.

Dave talked about why we do Poker Runs and where the money goes. All money raised during the year on Poker Runs and 50/50 tickets go to help subsidize the chapter's annual Christmas Party. Dues cover the mailing and production of the newsletter and other operating costs (flyers, handbooks and other printing, Summer Picnic, etc). Our chapter spends the money earned throughout the year on our members.

Our rides continue to grow larger and more complex to deal with. Our Chapter has put together Rider Zone meetings for our members that will assist you in understanding how we ride as a group. In an effort to ensure that everyone has fun, the Road Captains have been working on ideas to help make the rides safer and more fun for all riders. Arlen talked about the Rider Zone meeting on 5/8/04. Robert will lead the meeting at 9:00am, then the group will do a ride. The Rider Zone patch was unveiled. Once you meet the minimum meeting attendance, you will receive a patch. Thank you to Dave Schmidt for the design of the patch. Arlen and Dave R did a presentation of hand signals that are used on rides. You will learn these signals also at the Rider Zone meetings. Kathleen talked about the idea of breaking groups into colors on future group rides. Kathleen had an article in the May newsletter that discussed this concept to allow everyone to ride at their own pace or how they feel like riding on a

certain day. Kathleen let the members know that they are going to test this concept on the Big Bear overnighiter.

Robert invited the New Members to the front for introductions. We had nine new members this month. Welcome to you all. The new members went to the clubhouse for orientation.

If you are able to receive the newsletter by email and would like to please let contact Charlie (Webmaster) or Carol (Editor).

Joe mentioned that the website now has a link to Rider Zone. Big Bear Overnighiter is May 22-23. The block of rooms that were reserved have been booked for several weeks. If you want to go you can book at another Hotel. In the future if you think you want to go on an overnighiter you want to book your room early as the rooms go fast.

Lisa gave the treasury report.

Vicki thanked all volunteers for the Dealership Open House and Cinco de Mayo Scavenger Hunt. She thanked all participants. Vicki talked about the parade in Julian on 4th of July; she is looking for 25 to 40 Female riders to ride in the parade with her. After the parade there will be a Bar-B-Que at the American Legion for \$6.00. Leather N Lace is fast approaching. Start thinking about what you are going to wear. Remember this event is for 18 years of age and older. LOH is looking for volunteers for this event. If you would like to assist please attend the LOH meeting on May 18th. Vicki is also looking for someone that would be interested in assisting as a volunteer coordinator. Please contact Vicki with questions.

Up Coming Events:

June 5th Full Moon Poker Run, start and finish will be at the dealership. (Pizza afterwards at the dealership).

June 13th Rips BAD ride (music, vendors, food) Oak Canyon Park in Orange County.

June 27th Leather N Lace Poker Run by LOH

Commotion by the Ocean (Ride to the fair sponsored by Oceanside HOG July 3rd)

Calif. State Rally is Sept. 30-Oct 2nd (volunteers are needed for registration 2 hours minimum)

Harley-mercial: Cliff showed several new chrome accessories for our bikes. No fires this month! The girls talked about the dealership specials. They thanked everyone that has been taking advantage of the Wed. specials from 12:00-2:00pm 20% discounts. May's Wed. special will still be from 12:00-2:00pm 20% off on all Leather clothing. Month of June special when you spend \$50.00 you will get a FREE hat (while supplies last).

50/50 drawing was held and Dave adjourned the meeting at 7:50 pm.



Ladies of Harley by Vicki McIntyre

Hello! I thought I'd take up a little more room this time in the HOG LOG to extend my thanks to some very deserving members who donated so much of their time to help in planning for the Cinco de Mayo Scavenger Hunt. I wonder if anyone realizes how much time and work it takes to make the scavenger hunt a fun event? I want to especially thank Mike & Susie Scott, Carol Burns and John Dunican for all of the time they gave me in preparing the route, finding places to stop at, providing suggestions and helpful hints...I'm telling you they all worked their butts off to help me and I'm grateful to them for their help. Carol Burns deserves an extra thanks because she put so much time into doing so many little things for me...the flyer, the signs, the Mexican Vicki, heck she even went home and made more signs the day of the event as she saw they were needed. And the newsletter...ever notice what a great job Carol does on that as well? Thanks to Peggy Sue Bostwick who gave up a Sunday to go over to Tijuana with me to look for those authentic Mexican prizes! Thanks to Lisa Schmidt for helping me come up with some great hints for the ride!

And the event would not have gone so smoothly without the help of all of the volunteers and I want to thank them as well. Sandy Mekuchoni, Karyl Kading, Kathleen McManus, Dave Rosenberg, Robert Stoner, Geri Harris, Sandra Castillo, Mercedes Martin-Raya, Mike & Kathy Heyd, Owen & Loretta Whitten, Art Raya, Joe & Peggy Sue Fisher, Judy Wiegand, Norma Hogue, Christine Schinelli, Vera Leisure, and Amie Schneiderman. If I forgot anyone I apologize!

They say we were having unseasonably warm weather for the month of May and let me say on May 2nd they weren't kidding! I arrived at the dealership just before 8 am and it was already warm there. Al Sessler was waiting with pastries he donated for the Cinco de Mayo Scavenger Hunt (thank you Al) and my first volunteer of the day, Ivan Roberts, was waiting as well. Ivan and I got things set up for registration and waited as others started arriving.

I must admit I was not getting a warm fuzzy feeling as far as attendance goes; not many riders were showing up. (I was not aware of the fact that we were competing with three other motorcycle events that day!) When registration was underway the decorating committee headed to the Peppertree Bar & Grill (a special thanks to Leslie and her staff for doing such a great job that day!) to get things in order there. I should have taken a before and after picture because I must say everyone outdid themselves to turn the place into an authentic cantina; it looked great! (Thanks so much to Mike & Susie Scott, Carol Burns, John Dunican, Margaret Horde, Sandy Kennedy, Peggy Sue Bostwick & her girls, John Fountain, and Tammy Armstrong). It was at 10:40 am that I

got the call from Karyl that only 56 riders showed up for this open event. I will tell you that wasn't the number I wanted to hear but then I was reminded of one important fact that I had forgotten in my zeal to have a large turnout and that was by Susie Scott who said to me, "It's not important how many people show up, we're here to have fun with those that did". Susie was right and I appreciate her for setting me straight. (It's nice to have a friend who helps you see the best in every situation). I was able to relax and have a good time for the remainder of the day.

And getting back to the point about unseasonably warm weather...at one point it was 102 degrees there at the Peppertree Bar & Grill in Jamul! I want you to know I am very appreciative of the members who braved the warm temperatures to attend the scavenger hunt. And speaking of appreciation let me not forget to mention my extreme note of appreciation to all the volunteers who helped make this event. Thanks very much!

Our top prize winner for the scavenger hunt was none other than our resident Princess, Kathy Henderson, who turned in 390 points! Kathy won \$75.00 for her efforts. Coming in second was Frank Ames with 380 points; Frank won a \$25 gift certificate from the dealership. We had an impromptu auction with two items - one was a stained glass Harley Davidson piece which went to John Fountain and a tub of all the fixin's for a true Mexican Margarita Fest went to Barbara (Susie's daughter).

We had a special guest join us at the Peppertree Bar & Grill whose mom had gone by the dealership during our April Open House and knew her son would get a real kick out of the motorcycles she saw that day. Trenton Lindhardt is a little guy confined to a wheelchair due to illness and his mom, Teresa, was right when she said he would enjoy the motorcycles. Several members let Trenton sit on their bikes and when they started them up, the look of delight on his face was enough to make me realize the warm temperatures and low attendance were nothing compared to the look on that little boy's face! Thanks to John Fountain for delighting Trenton with the piece of stained glass he won at the auction and thanks to Kathy Henderson who donated her winnings to Trenton as well. That was very thoughtful of both of them and was appreciated by Trenton's mom. (I encourage you to check out the pictures on our website of this event). Anyone wanting further information on Trenton feel free to e-mail his mom at [REDACTED]

To close up this article I want to remind everyone that Sunday, June 27th is the Leather n Lace Poker Run. Start looking for what you're going to wear! Don't forget this is an open event, open to persons 18 years+ and normally our biggest event of the year. We are looking to take a new route this year that will take us out of east county and perhaps towards the coast for a cooler ride. The event will end at the Elks Lodge in El Cajon and we have lots of fun things planned for this event so I hope to see as many of you as possible there!

Vicki McIntyre
2004 LOH Officer & Volunteer Coordinator

Test Your Sun Savvy

By Kathleen McManus*



True or False?

1. Wearing a long sleeve shirt will fully protect your arms from the sun?
2. A white shirt is more effective at protecting you from the sun because it reflects the sun's rays better?
3. A good coating of sunscreen in the morning will protect you all day long?
4. Maintaining a "healthy tan" is a good way to protect your skin from the sun?

If you answered true to any of these questions, you are a sun savvy slacker!

Most of us grew up in a time when there were two kinds of sunning products: Coppertone and baby oil. We never heard of SPF, UPF, UV rays, Parsol 1789, or skin cancer. However, skin cancer is now as common as all other cancers combined, and the sun is the primary cause. It has become such an epidemic, that even OSHA has promulgated guidelines mandating that employers protect their workers from exposure to solar radiation.

The sun radiates three types of ultra-violet rays: UVA, UVB, & UVC. **UVA** rays penetrate deep into the skin, causing wrinkles, splotches, sagging, and premature aging.

UVB affects the outer layers of the skin, causes sunburn, and damages DNA, which can lead to skin cancer. **UVC** is essentially filtered out by the ozone layer and for now is not a threat.

Sun damage is cumulative over our lives. An hour in the sun every day might not have adverse effects in the short run, but over time that exposure can take its toll. And a lot of our exposure to the sun is unintentional. When you're walking your dog or working in the yard, or even when driving, as car windows do not provide much protection against UV rays – it all adds up.

There is now research that indicates repeatedly exposing your eyes to UV rays can cause cataracts and macular degeneration. You should look for sun glasses that block 100% of the UV rays.

We need to think about UV rays 365 days a year. Clouds and haze only block about 20% of UV rays, and exposure doesn't just come from above. Snow, sand, water, and even cement can reflect UV rays. UV radiation increases at elevation as well.

So let's take a look at the answers to our four questions.

1.) A long sleeve shirt will protect you from the sun more than no shirt, but an average white t-shirt only has a UPF rating of 5. (Clothing is rated by UPF: Ultraviolet Protection Factor, which is about equivalent to the SPF ratings)

One way to increase the UPF of the clothes you own is to use a product called Sun Guard. Made by Rit, the clothing dye people, it's a powder that you toss in the wash cycle with your clothes. It can increase the UPF factor to 30, which will help block about 96% of the sun's harmful rays. You can learn more at: http://ritdye.com/sun_guard/

2.) Dark colors actually provide better protection from the sun. Color, tightness of the weave, and thickness all contribute to blocking the sun's rays. I'm sure that's why bikers favor black couture.

3.) Sunscreens aid the body's natural defense mechanism by scattering, absorbing, or reflecting the sun's rays. They need to be used liberally and often. Begin by applying liberally about 20 minutes before going out in the sun and re-apply about every two hours—more often if swimming or sweating. That's right, every two hours!

You should use a broad spectrum (protects against UVA & UVB) sunscreen with an SPF rating of 30. SPF is a rating system for UVB protection. Currently there is no rating system for UVA protection, but the FDA is working on that. There really is no such thing as waterproof sunscreen, they just tend to run less when you sweat or swim.

A good way to carry and apply sun screen while riding is a new product called Sun Swipes – a one foot square towelette that contains sunscreen. It comes in a resealable foil pouch that will fit in your pocket and has enough sunscreen to last you all day. No more goopy bottles or slimy sunscreen on your handgrips! You can get more information on this cool product at <http://www.sun-wipe.com>

4.) The medical community is unanimous on this one. There is no such thing as a "healthy tan". A tan is the body's response to the sun's damaging rays. And a sun burn is your body screaming at you to get it out of the sun.

As a fair skinned freckle faced girl who only burns and never tans, the phrase "there's no such thing as a healthy tan" is music to my ears. However, it's not going to turn me into the midnight rider, and I hope this information doesn't curtail your fun in the sun. With a little bit of preventative maintenance, you can avoid sporting the used leather raisin look in your senior years and still have fun.

* My Doctorate degree is in the law, not medicine, so if your doctor tells you something different, follow it.

Rider Zone

By Kathleen McManus

Rider Zone isn't just for new riders, it's for everyone. Each session begins with an educational lecture, followed by a very brief group riding video, and then a short ride with a couple of stops to discuss the ride and answer questions.

Just because you're a skilled solo rider doesn't mean you're a first-rate group rider. So come on out and learn the techniques for the way our club rides.

NEXT RIDER ZONE: JUNE 12

9:00 - 9:30: Negotiating Turns, part 2

9:30 - 9:45: Group Riding Video

9:45 - 10:00: Ride Briefing

10:00 - Noon: The Ride

Check the website for the ride route and map prior to attending the meeting.

Attend three Rider Zone meetings and earn the Rider Zone patch. Let everyone know you understand how to ride in a group.

Membership by Robert Stoner

Summer is coming. And, as in the years past, lots of new Harleys on the road. This is possibly the time of the year you might have bought your new bike and first joined HOG. Which brings me to the point. If you joined this time of year, then your anniversary date is close, or maybe even past. Take a gander at your National HOG card with special attention to the expiration date. If you are close, now is the time to renew your National HOG membership which must be valid to join a local HOG chapter.

EL CAJON HOG LOH RIDE




**SATURDAY JUNE 19TH
LEAVES EL CAJON H-D
AT 10 AM**

**EVERYONE IS
WELCOME**

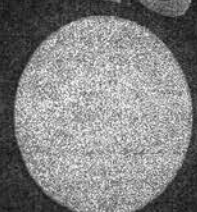
**El Cajon HOG
LOH Lunch Ride**

Saturday, July 17
Leave ECHD at 10 AM

Reserve Sunday, July 25th,
on your calendar for the
annual El Cajon HOG
Member's Picnic
 (More info in the next Newsletter)




El Cajon HOG
Full Moon
Poker Run



Saturday June 5th
Sign-up 4:30 - 5:30 PM
at El Cajon H-D

Route: Through East County Mountains.
 Ending at El Cajon H-D Clubhouse for Pizza & Prizes

Cash prizes for High & Low Poker Hands

50/50 Drawing 

You must be present to win!

El Cajon HOG
Ladies of Harley



Leather & Lace
Poker Run
Sunday June 27, 2004

Sign-up 9:00 - 10:30 AM
 at El Cajon Harley Davidson
 621 El Cajon Blvd.
 El Cajon, CA 92020
 \$20.00 (Includes Lunch)



Live Entertainment
 By 1031 Blues Transfer



Cash prizes for
 best male & female
 Leather and Lace outfits!

50/50 Drawing 

Event open to all 18 yrs and older
 Prizes awarded at 3:00 PM
 You must be present to win!


JUNE 2004

EL CAJON H.O.G. MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																																										
		1	2 Chula Vista HOG Meeting Call: 425-4464	3	4 El Cajon HOG Meeting at 7pm	5 Full Moon Poker Run Sign-up 4:30-5:30																																																																																																										
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JULY 2004

EL CAJON H.O.G. MONTHLY PLANNER

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4 4th July  Hollister Rally		5	6	7 Chula Vista HOG Meeting Call: 425-4464	8	9 Oceanside HOG Mtg - 760-736-2920	10 RiderZone Group Riding Techniques 9:00am																																																																																																	
11 Temecula HOG Meeting at 9am Call: 706-695-7287	12	13 Road Captain Meeting at Clubhouse 6:30pm San Diego HOG Meeting	14	15	16	17 LOH Lunch Ride Leaves ECHD 9:00am																																																																																																		
18	19	20 LOH Meeting at Clubhouse 7:00pm Newsletter Deadline!	21	22 Officer's Meeting 6:30pm	23	24																																																																																																		
25 EC HOG Annual Picnic at "Gilmore's Garage" Lakeside 11-4	26	27	28	29	30	31																																																																																																		

Big winners of Raffle

Howard Kendall - H-D Cleaning Products
 Kelsey Randall - Cajon Speedway Tickets
 Jeff Van Leeuwen - \$50 Gift Cert
 Alex Yavorsky - \$50 Cash
 Bob Zipse - \$100 Cash

Dave Rosenberg - H-D Skin Products
 John Lusardi - Cajon Speedway Tickets
 Jack Manchester - \$25 Cash
 Tony Belluso - \$75 Cash



Congratulations!



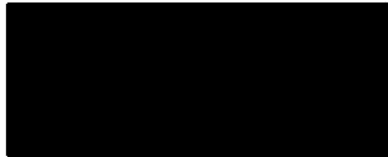
VISIT EL CAJON HOG'S WEBSITE AT: www.elcajonhog.com

El Cajon HOG Chapter #0211
 c/o El Cajon Harley-Davidson
 621 El Cajon Blvd.
 El Cajon, CA 92020



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Forwarding and Address Correction Requested



Submit HOG LOG articles to Director by the 20th of the month

**El Cajon
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Buy \$50 Merchandise
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 (while supplies last)

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Rider Zone

By Kathleen McManus

Rider Zone isn't just for new riders, it's for everyone. Each session begins with an educational lecture, followed by a very brief group riding video, and then a short ride with a couple of stops to discuss the ride and answer questions.

Just because you're a skilled solo rider doesn't mean you're a first-rate group rider. So come on out and learn the techniques for the way our club rides.

NEXT RIDER ZONE: JUNE 12

- 9:00 - 9:30: Negotiating Turns, part 2
- 9:30 - 9:45: Group Riding Video
- 9:45 - 10:00: Ride Briefing
- 10:00 - Noon: The Ride

Check the website for the ride route and map prior to attending the meeting.

Attend three Rider Zone meetings and earn the Rider Zone patch. Let everyone know you understand how to ride in a group.

Membership by Robert Stoner

Summer is coming. And, as in the years past, lots of new Harleys on the road. This is possibly the time of the year you might have bought your new bike and first joined HOG. Which brings me to the point. If you joined this time of year, then your anniversary date is close, or maybe even past. Take a gander at your National HOG card with special attention to the expiration date. If you are close, now is the time to renew your National HOG membership which must be valid to join a local HOG chapter.

EL CAJON HOG LOH DINNER RIDE



**SATURDAY JUNE 19
LEAVES EL CAJON H-D
AT 4 PM**

**EVERYONE IS
WELCOME**

**El Cajon HOG
LOH Lunch Ride**

Saturday, July 17

Leave ECHD at 9 AM

**We'll be going to the Ortega Hwy/
Lake Elsinore area**